

DAY 1

01

KELLY INGRAM PARK

500 17th Street North | Birmingham, AL 35203

Start your day with a stroll through Kelly Ingram Park, which was a central gathering place for civil rights demonstrations in the 1960s. You can take a self-guided tour of the park, which features numerous sculptures and monuments that commemorate the movement's leaders and events.

02

NEGRO SOUTHERN LEAGUE MUSEUM

120 16th Street South | Birmingham, AL 35233

Next, make a visit to the Negro Southern League Museum, which celebrates the history and legacy of the Negro Leagues and African American baseball players. The museum is located in the heart of Birmingham's downtown district.

03

YO' MAMA'S Black-owned

2328 2nd Avenue North | Birmingham, AL 35203

Grab lunch at Yo' Mama's, a counter-serve spot serving chicken and waffles along with other Southern eats.

04

REGIONS FIELD

1401 1st Avenue South | Birmingham, AL 35233

After lunch, make your way to Regions Field, home of the Birmingham Barons minor league baseball team. If there's a game scheduled, catch some of the action and soak up the lively atmosphere.

05

GOOD PEOPLE BREWING

114 14th Street South | Birmingham, AL 35233

Get a post-game beer across the street at Good People Brewing.

06

MICHAEL'S RESTAURANT Black-owned historic

1525 1st Avenue South | Birmingham, AL 35233

Or grab dinner at Michael's Restaurant, a steakhouse next to Regions Field that offers choice cuts of beef as well as lobster and sides in a modern space with a skyline mural.

07

TRIMTAB BREWING

2721 5th Avenue South | Birmingham, AL 35233

End the day at TrimTab brewing, a craft brewery featuring a taproom with occasional live music and other special events.

DAY 2

01

BIRMINGHAM CIVIL RIGHTS INSTITUTE

520 16th Street North | Birmingham, AL 35203

Start your day with a visit to the Birmingham Civil Rights Institute, a museum that explores the history of the Civil Rights Movement in Birmingham and the United States. Take your time exploring the exhibits and learning about the city's pivotal role in the struggle for equality.

02

BIRMINGHAM CIVIL RIGHTS NATIONAL MONUMENT

1510 5th Avenue North | Birmingham, AL 35203

Next, head to the Birmingham Civil Rights National Monument, a historic district that includes the 16th Street Baptist Church, the site of a tragic bombing that killed four young girls in 1963. Take a guided tour to learn more about the church's significance in the Civil Rights Movement.

03

IRONDALE CAFE historic

1906 1st Avenue North | Irondale, AL 35210

For lunch, stop by the historic Irondale Cafe, which has been serving up classic Southern cuisine since 1928.

04

BARBER MOTORSPORTS PARK

6040 Barber Motorsports Parkway | Leeds, AL 35094

After lunch, make your way to the Barber Motorsports Park, which is located just outside the city. The park features a 2.38-mile road course and a museum that houses the world's largest motorcycle collection. The park also hosts a variety of events throughout the year.

05

EL BARRIO RESTAURANTE Y BAR

2211 2nd Avenue North | Birmingham, AL 35203

For dinner, head to El Barrio Restaurante y Bar, a Mexican restaurant that offers a unique blend of Latin and Southern flavors.

06

TOPGOLF BIRMINGHAM

1111 24th Street North | Birmingham, AL 35234

End the night at Topgolf Birmingham.